

Spring/ Early Fall Cycle - Breakfast
HHFKA 9-12 (age 14-18)

Menu subject to change. For any questions or comments please contact us directly at Luncheras.disi@gmail.com

Monday

08/26/2019

Homemade
Blueberry Waffles
Syrup (ss)
Fresh Apples
Choice of Milk

Tuesday

08/27/2019

Oatmeal Chocolate
Chip Breakfast
Fresh Pears
Choice of Milk

Wednesday

08/28/2019

Homemade Baked Oatmeal
Bananas
Choice of Milk

Thursday

08/29/2019

Savory Breakfast Muffin
Fruit Puch Juice
Choice of Milk

Friday

08/30/2019

WW Egg Burrito
Fresh Oranges
Choice of Milk

09/02/2019

NO SCHOOL TODAY

09/03/2019

Chocolate Filled Crescent
Peaches
Choice of Milk

09/04/2019

Homemade Chocolate Chip
Oatmeal Muffin
Fresh Pears
Choice of Milk

09/05/2019

WG Stuffed Cheesy
Breakfast Sandwich
Bananas
Choice of Milk

09/06/2019

Oatmeal/ Corn Meal
Artesanal Patty w/ Cheese
Fruit Puch Juice
Go Gurts
Choice of Milk

09/09/2019

Honey Bun
Fresh Oranges
Choice of Milk

09/10/2019

WW Carrot Muffin
Peaches
Choice of Milk

09/11/2019

WW Zucchini Choco Bar
Mixed Fruits
Go Gurts
Choice of Milk

09/12/2019

WG Cheese Biscuit
Bananas
Choice of Milk

09/13/2019

WG Cinnamon Roll
Fresh Apples
Choice of Milk

09/16/2019

Cinnamon Soft Round
Granola Bar
Fresh Pears
Choice of Milk

09/17/2019

Hard Boiled Egg
White WG Loaf
Bananas
Choice of Milk

09/18/2019

Homemade
WG Waffles
Syrup (ss)
Apple Juice
Choice of Milk

09/19/2019

WG Corn Muffin
Fresh Oranges
Choice of Milk

09/20/2019

Blueberry Oatmeal Cup
Pineapple
Choice of Milk

09/23/2019

Oatmeal Muffin
Squares
Fresh Oranges
Choice of Milk

09/24/2019

Homemade
Blueberry Waffles
Fresh Apples
Syrup (ss)
Choice of Milk

09/25/2019

Oatmeal Chocolate
Chip Breakfast
Fresh Pears
Choice of Milk

09/26/2019

Homemade Baked Oatmeal
Bananas
Choice of Milk

09/27/2019

WW Egg Burrito
Pineapple
Choice of Milk

09/30/2019

Savory Breakfast Muffin
Fruit Puch Juice
Choice of Milk

10/01/2019

Homemade Blueberry Muffin
Fresh Pears
Choice of Milk

10/02/2019

Chocolate Filled Crescent
Fresh Apples
Choice of Milk

10/03/2019

WG Stuffed Cheesy
Breakfast Sandwich
Bananas
Choice of Milk

10/04/2019

Homemade Chocolate Chip
Oatmeal Muffin
Fresh Oranges
Choice of Milk

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy.

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat

Jul 25, 2019