



Monday	Tuesday	Wednesday	Thursday	Friday
	01/01/2019 NO SCHOOL TODAY	01/02/2019 Crispy Tender Wrap Pumpkin Soup Fresh Pears Choice of Milk	01/03/2019 Teriyaki Beef & Broccoli Edamame Steamed Brown Rice Apple Juice Choice of Milk	01/04/2019 Chicken Masala Wrap Corn Strawberry Smoothie Choice of Milk
01/07/2019 Turkey Baked Spaghetti topped with Mozzarella Cheese (MA) Roasted Cauliflower Fresh Bananas Choice of Milk	01/08/2019 WW Beef Fajitas with Red & Green Peppers Sour Cream (ss) Pineapple Choice of Milk	01/09/2019 Baked Chicken Tenders Creamy Mashed Potatoes Steamed Brown Rice Honey Mustard Sauce (ss) Apple Juice Choice of Milk	01/10/2019 Jelly Prov Turkey Sub Broccoli Seedless Grapes Choice of Milk	01/11/2019 Beef Hot Dog with WG Bun Carrots & Hummus Sliced Apples Choice of Milk
01/14/2019 Cheese Burger & WG Bun Roasted Potatoes Fresh Pears Choice of Milk	01/15/2019 Latin Style Turkey, Beans and Rice Ground Turkey (MA) Tomato, sliced Fresh Oranges Choice of Milk	01/16/2019 BYO - Meatball Hoagie Green Beans Bananas Choice of Milk	01/17/2019 Chicken Fried Rice with Broccoli and Carrots Pineapple Choice of Milk	01/18/2019 Baked Chicken Tenders WG Biscuit Roasted Sweet Potatoes Mixed Fruits Choice of Milk
01/21/2019 NO SCHOOL TODAY	01/22/2019 WW Alfredo Pasta Broccoli Fresh Red Apples Choice of Milk	01/23/2019 Turkey Tacos (with L&T) Pico w/ Tomatoes & Onions Fresh Oranges Choice of Milk	01/24/2019 WW Chicken Fajitas with Red & Green Peppers Sour Cream (ss) Bananas Choice of Milk	01/25/2019 Chili Beef Dog & WG Bun Broccoli Sliced Apples
01/28/2019 Turkey Potato Lasagna WG Biscuit Grape Juice Choice of Milk	01/29/2019 Curry Chicken Bowl Salad with Spinach & Chickpeas Seedless Grapes Choice of Milk	01/30/2019 Cranberry Turkey Chili over Brown Rice Fresh Oranges Slices Choice of Milk	01/31/2019 Mac & Cheese Cheese (MA) Broccoli Fresh Red Apples Choice of Milk	02/01/2019 Crispy Tender Wrap Pumpkin Soup Fresh Pears Choice of Milk

02/04/2019

Teriyaki Beef & Broccoli
Edamame
Steamed Brown Rice
Apple Juice
Choice of Milk

02/05/2019

Chicken Masala Wrap
Corn
Strawberry Smoothie
Choice of Milk

02/06/2019

Turkey Baked Spaghetti
topped with Mozzarella
Cheese (MA)
Roasted Cauliflower
Fresh Bananas
Choice of Milk

02/07/2019

WW Beef Fajitas
with Red & Green Peppers
Sour Cream (ss)
Pineapple
Choice of Milk

02/08/2019

Baked Chicken Tenders
WG Biscuit
Roasted Sweet Potatoes
Mixed Fruits
Choice of Milk

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy.
Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.
WG = Whole Grain WW = Whole Wheat