

Late Fall/ Winter Cycle - BREAKFAST

HHFKA 9-12 (age 14-18)



Monday	Tuesday	Wednesday	Thursday	Friday
<p>02/04/2019</p> <p>Hard Boiled Egg White WG Loaf Mixed Fruits Choice of Milk</p>	<p>02/05/2019</p> <p>Pumpkin & Cream Cheese Bread Apple Juice Choice of Milk</p>	<p>02/06/2019</p> <p>Homemade Banana Bread (Torta de Banana) Cheese Stick** Fresh Pears Choice of Milk</p>	<p>02/07/2019</p> <p>Turkey Patty and Biscuit Fresh Red Apples Syrup Choice of Milk</p>	<p>02/08/2019</p> <p>Chocolate Chip Pancakes KM Mixed Fruits Choice of Milk</p>
<p>02/11/2019</p> <p>Homemade Apple Cinnamon Muffin Pineapple Choice of Milk</p>	<p>02/12/2019</p> <p>Wheat Bagels Scrambled Eggs Mixed Fruits Choice of Milk</p>	<p>02/13/2019</p> <p>Banana Bread Pudding Fresh Green Apples Choice of Milk</p>	<p>02/14/2019</p> <p>Yogurt Parfaits Mixed Fruits Choice of Milk</p>	<p>02/15/2019</p> <p>Whole Grain Pancakes Syrup (ss) Fresh Red Apples Choice of Milk</p>
<p>02/18/2019</p> <p>NO SCHOOL TODAY</p>	<p>02/19/2019</p> <p>NO SCHOOL TODAY</p>	<p>02/20/2019</p> <p>NO SCHOOL TODAY</p>	<p>02/21/2019</p> <p>NO SCHOOL TODAY</p>	<p>02/22/2019</p> <p>NO SCHOOL TODAY</p>
<p>02/25/2019</p> <p>White WG Loaf Scrambled Eggs Apple Juice Choice of Milk</p>	<p>02/26/2019</p> <p>Wheat Bagels Cream Cheese Strawberry Smoothie Mixed Fruits Choice of Milk</p>	<p>02/27/2019</p> <p>Homemade Sweet Potatoes Waffles Maple Syrup Fresh Pears Choice of Milk</p>	<p>02/28/2019</p> <p>Egg & Cheese Biscuit Bananas Choice of Milk</p>	<p>03/01/2019</p> <p>French Toast Sticks Fresh Red Apples Maple Syrup Choice of Milk</p>

Available Choice of Milk: Unflavored 1% or skim milk, Lactose Free or Soy.

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat