



Monday	Tuesday	Wednesday	Thursday	Friday
<p>09/03/2018</p> <p>NO SCHOOL TODAY</p>	<p>09/04/2018</p> <p>Marrakech Chicken Pita inc. Tomato and Gr Peppers Hummus & Pita Peaches Choice of Milk</p>	<p>09/05/2018</p> <p>Spaghetti & Meatballs Meatball (MA) inc. Carrots & Tomato Apple Juice Choice of Milk</p>	<p>09/06/2018</p> <p>Pizza inc. Marinara Sauce Cheese (MA) Corn Fresh Pears Choice of Milk</p>	<p>09/07/2018</p> <p>Mac & Cheese Cheese (MA) Broccoli Fresh Apples Choice of Milk</p>
<p>09/10/2018</p> <p>Chili Ground Turkey (MA) inc. Beans, Tomatoes & Onion Brown Rice Fresh Apples Choice of Milk</p>	<p>09/11/2018</p> <p>Chicken Philly Cheese Sub Incl. Onions & GR Peppers Fresh Pears Choice of Milk</p>	<p>09/12/2018</p> <p>WW Chicken Masala Wrap Incl. Tomato & Cucumber Roasted Chickpeas Fresh Bananas Choice of Milk</p>	<p>09/13/2018</p> <p>Tacos (Romaine & Tomato) Corn, Onions & Tomatoes Peaches Choice of Milk</p>	<p>09/14/2018</p> <p>Chicken Curry & WW Pita (Red Peppers & Romaine) Hummus Apple Juice Choice of Milk</p>
<p>09/17/2018</p> <p>Burrito Bowl Cheddar shredded Beans & Corn Peaches Choice of Milk</p>	<p>09/18/2018</p> <p>Cheesy Nachos & Bean Dip Cheese (MA) Pico w/ Tomatoes & Onions Fresh Oranges Choice of Milk</p>	<p>09/19/2018</p> <p>Beef Hot Dog with WG Bun Hummus & Carrots Fresh Apples Choice of Milk</p>	<p>09/20/2018</p> <p>WW Chicken Fajitas Incl. Onions & R Peppers Sour Cream (ss) Bananas Choice of Milk</p>	<p>09/21/2018</p> <p>Asian Noodle Salad Chicken (MA) Edamame - Veg inc. Peppers & Broccoli Fresh Pears Choice of Milk</p>
<p>09/24/2018</p> <p>Fried Rice Chicken (MA) w/Broccoli, Carrot & Peppers Peaches Choice of Milk</p>	<p>09/25/2018</p> <p>Shepherd's Pie Inc. carrots & peas Brown Rice Apple Juice Choice of Milk</p>	<p>09/26/2018</p> <p>WW Jerk Chicken Wrap Incl. Tomato & Cucumber Fresh Apples Choice of Milk</p>	<p>09/27/2018</p> <p>BYO - Meatball Hoagie inc. Carrots & Tomato Bananas Choice of Milk</p>	<p>09/28/2018</p> <p>Cranberry Chili Ground Turkey (MA) in. Beans & Tomatoes Brown Rice Fresh Watermelon Choice of Milk</p>

MILK: Choice of unflavored 1% or flavored fat free milk. ONE CUP FRESH FRUIT available daily. DAIRY- FREE (DF), GLUTEN FREE (GF), VEGAN (VG) AND VEGETARIAN (V) options available daily upon request. ONE CUP OF LOCALLY GROWN VEGETABLES AND FRUIT DAILY. LOCAL PRODUCE FOR EACH MONTH ARE: (SEPT) watermelon, tomatoes, blackberries, raspberries, beets, zucchini, cantaloupe, red peppers, summer squash, apricots, peaches, cucumbers, green beans, cabbage, nectarines, spinach, eggplant, pears, apples, sweet potatoes, potatoes, grapes and carrots (OCT) Beets, butternut squash, peppers, squash, pumpkin, green beans, carrots, broccoli, eggplant, sweet potatoes, potatoes, cabbage, pears, apples, cauliflower, and kale. (NOV) Beets, butternut squash, carrots, broccoli, sweet potatoes, cabbage, pears, apples, cauliflower, potatoes, and kale.

WG = Whole Grain WW = Whole Wheat